

Abacus Primary School

Newsletter 507

17/11/23



This Anti-Bullying Week, let's make a noise about bullying.

MAKE A NOISE ABOUT BULLYING

ANTI-BULLYING WEEK 2023
from Monday 13th to Friday 17th November

ODD SOCKS DAY 2023
Monday 13th November

#ANTIBULLYINGWEEK #OddSocksDay #MakeANoise

Anti-Bullying week began on Monday when children were invited to wear odd socks and add a little colour and pattern around the school. Throughout the week children completed activities including making posters, kindness art and kind hands.



Next week we are on WEEK 3 of our new menu.

Please see changes further on.



THIS WEEK'S MENU

Please note the changes to this weeks menu, the changes are highlighted in Yellow. This only affects Thursday's choices—

Red band: Sausage baguette and

Green band: Veggie Sausage baguette.

| | Red Band | Green Band | Yellow Band | Purple Band | Dessert |
|------------------|---|---|----------------------------|--|-------------------------------------|
| Monday | Chicken Nuggets Peas or Beans & Wedges DF, EF | Vegetable Nuggets Peas or Beans & Wedges DF, EF | Jacket Potato with Filling | Cheese & Cucumber Sandwich Crisps GF, EF | Ice Cream Tub or Fresh Fruit |
| Tuesday | Burger in a Bun GF, DF, EF | Halloumi Burger in a Bun GF, EF | Jacket Potato with Filling | Tuna & Sweetcorn Pasta Pot GF, DF, EF | Coconut & Jam Sponge or Fresh Fruit |
| Wednesday | BBQ Chicken Sweet Tomato Pasta & Green Beans GF, DF, EF | Summer Vegetable Quiche Sweet Tomato Pasta & Green Beans | Jacket Potato with Filling | Fish Finger Wrap GF, DF, EF | Yoghurt or Fresh Fruit |
| Thursday | Sausage Baguette GF, DF, EF | Veggie Sausage Baguette DF, EF | Jacket Potato with Filling | Sweet Tomato Pasta Pot GF, DF, EF | Victoria Sponge or Fresh Fruit |
| Friday | Jumbo Fish Finger, Chips & Peas GF, DF, EF | Vegetable Finger, Chips & Peas EF, DF | Jacket Potato with Filling | Egg Mayonnaise Sandwich Crisps GF, DF | Cookie or Fresh Fruit |



Open Afternoon

Come and chat to us about teacher training on:

TUESDAY | 5 DEC | 4.30 - 6.30 PM

Prince Avenue Primary School,
Hornby Ave, Westcliff-on-Sea SS0 0LG

www.etpscitt.co.uk
01268 988580



JOIN US FOR OUR



Christmas Bazaar



SATURDAY, 2 DECEMBER
11:00 - 15:00

Meet Santa & his reindeer!

£5 / ticket. Includes:
Christmas Craft, Hot Chocolate & Cookie
Meet the reindeer, gift from Santa

Refreshments & Raffle

Silvanna Court
84 Runwell Road
Wickford, Essex
SS11 7HR



RSVP to our
Facebook
event!



SPORT NEWS

Dodgeball Competition

On the 16th November 2023, our Year 5 Dodgeball team took part in a competition against 2 other Wickford Schools.

This was a chance for them to put into practice the skills they had learnt in PE last term. There were some very close games and the team just missed out on qualifying for the next round after drawing their last game which meant a count back was needed putting them in 3rd place.



In assembly today we spoke about why we were wearing non school uniform today and the reasons behind why the charity was set up. It was discussed that we raise money for this wonderful charity so that they can help children that need it. Thank you to all of the families that have donated, we really appreciate your help supporting this charity. At the present time we have raised an amazing **£447.00**

LET'S CELEBRATE!



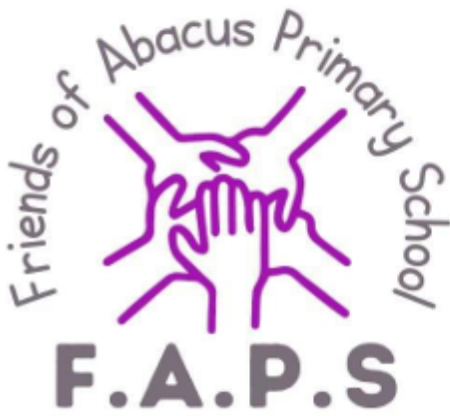
Well done to George, Eva and Grace for their achievements outside of school in Gymnastics and Ballet.



We love to read!



Well done to Mae, Elyssia, Lucas, Tommy, Ellie and Myles for their enthusiasm when they visited Silvana Court on Monday afternoon.



Do you have any Christmas jumpers or pyjamas that no longer fit your child?

FAPS are asking for donations of Christmas Jumpers and Pyjamas, a box has been left in reception for them

to be dropped off, and then FAPS will sell them these in advance of Christmas Jumper Day.



**ABACUS
PRIMARY SCHOOL
PRESENTS...**

THE SOUTHEND SORCERERS SOCIETY

★ **MAGIC** ★
★ ★ **NIGHT** ★ ★



SCAN FOR TICKETS



**SATURDAY
DECEMBER 9TH
7PM- 9:30PM
£8PP**

doors open
at 6:15pm

SUITABLE FOR SCHOOL AGE +



You can book your tickets here: <https://www.pta-events.co.uk/faps-abacus/>

Or scan the QR code shown.



5+ SEND Drop In Sessions

An opportunity to speak to our Additional Needs Early Intervention Team to get advice and support - no diagnosis is required.

Suitable for families and professionals.

**Willows Delivery Site,
Riverside Primary
School, Hullbridge,
SS5 6ND**

**3rd Tuesday of each
month
3:00pm – 5:00pm**

**Northlands Family Hub,
Davenants,
Basildon,
SS13 1QX**

**1st Thursday of each
month
3:00pm – 5:00pm**

**For further information, please call
0300 247 0013**

Essex Child and Family Wellbeing Service

Interactive Virtual Music Sessions

Live, interactive music sessions for children of all ages and abilities to explore and experience the joy of music!

Supports development

Helps with social skills

Musical games and songs
Improvisation
Sensory stories
Relaxation and Fun!

Reduces stress/anxiety

Boosts confidence

Fridays (17th November - 15th December 2023)

3:45pm - 4:45pm

Sessions are held on Zoom. Inclusive for all abilities. Instruments welcome but not needed.

We welcome suggestions of favourite songs or games to incorporate into the sessions!

Community Musician, Becky


Music Therapist, Cherry

Music Therapist, Amelia



Sign up using your Short Breaks Passport ID on our Google form!





Children's
Speech and Language
Therapy Advice Line

0300 300 1818
on Tuesdays and Thursdays 1-
3pm

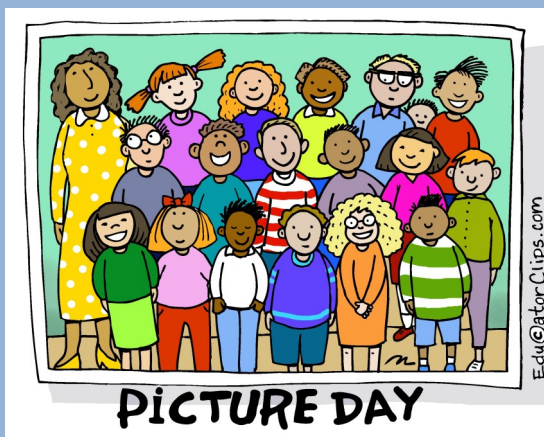
Please call us on Tuesdays and Thursdays 1-3pm if you have been previously known to Speech and Language Therapy and need some advice around speech, language, and communication

www.nelft.nhs.uk



School Photographs

Just a reminder that children will be having their individual photographs taken this Tuesday, 21st November.



Our Curriculum



| | |
|---|--|
| <p>Early Years FOUNDATION Stage</p> | <p>A different week as we have been thinking about Diwali. One of the parents bought us some snack as part of our topic- which we really enjoyed. We have been thinking about the number 3, how we can make it and ways of showing 3. Can we show you at home? In drawing club we have thought about special clothes, our favourite sweets and drawn what we like. We are brilliant at phonics, recognising the sounds and spellings for the sounds and using this both verbally and when reading - Super Stars!</p> |
| <p>Year 1</p> | <p>Exciting start to the week as we learnt about Odd Socks Day and how it is ok to be different. As part of Anti-Bullying week we created a Friendship Wreath and thought of what makes a good friend. In English we have been doing lots of work on capital letters and writing sentences. In Maths we recapped addition and subtraction sentences and 3D shapes. Ask us what 3D shapes can be seen in the real world. In DT we learnt about healthy and unhealthy foods which was linked to our Science lesson about which part of a plant we can eat. Finally, in between all our lessons we have started to practise for our Christmas play and all we can say is that it is a Twinkly Nativity!</p> |
| <p>Year 2</p> | <p>This week in Year 2 we have finished our own amazing 'Defeat the Monster' stories and they are now up on our writing wall for everyone to enjoy. In PE this week we started our dance unit and this tied in well with our music lesson as we are thinking really carefully about hearing the pulse in music and counting in groups of 4 and 8. We have been working hard to understand how to add to and subtract tens from a two digit number in Maths - we can show you at home on the One Minute Maths app. It has been Anti Bullying Week this week: we wore odd socks on Monday and had an assembly to make sure we really understand what bullying is, why it sometimes happens and most importantly what we can do about it if it does happen.</p> |
| <p>Year 3</p> | <p>In D.T, we have been busy making something special to sell at the Christmas Fayre; this has involved using sewing skills to create it. We hope you will come along to buy one but we will keep it a surprise...In Science, we have been thinking about what we eat and whether we think it is a balanced diet. In History, we have moved on to learning about the Iron Age. Can your child tell you how Iron Age life was different to the Stone Age? In Maths, we have moved onto multiplication. Times Table Rockstars will help to support this! We have also discussed the importance of antibullying awareness for Anti-Bullying week!</p> |
| <p>Year 4</p> | <p>This week we have started thinking about our D&T lessons. We are creating our own advent calendars. We were most shocked when we found out that years ago calendars never used to have chocolate in them! Maths: We are practicing multiplication and division. We are working hard to improve our times table knowledge. Reading: Our new book is called 'Where do the gargoyles visit at night?' finding the evidence about their personalities and what they do. Spellings: Our focus is -ly words. English: We are finishing our magic lands from the Faraway Tree and have been really enjoying it, making sure we have added speech with the correct punctuation.</p> |
| <p>Year 5</p> | <p>In Year 5 this week we have been learning about factors, we made a class book and played lots of games. We are moving on to prime numbers and are really looking forward to it. In English we have been busy writing our innovation text based on COs-mic and have been using some amazing relative clauses to expand our sentences. In Science we have been learning about the phases of the moon, the best bit about it was when we got to eat the biscuits afterwards. We also had some great discussions in PSHE for Anti-Bullying week and made some brilliant posters to display around the school. In Computing we started to make PowerPoints about Space, over the next few weeks we will add more detail. Our teachers said they already look better than the ones they make.</p> |
| <p>Year 6</p> | <p>In Maths this week we have been adding and subtracting fractions and mixed numbers - our times table knowledge really helps us with this! In English we have been writing non-chronological reports about the fictional world of Pandora. We have worked hard to include all the key features such as passive voice, subordinate clauses and relative clauses. We concluded our photography unit in Art by recreating a portrait of ourselves; we drew a grid over our photos and then focussed on recreating one square at a time with paints. We have started a new RE unit, learning all about peace and conflict in religion. This week we learnt about the Golden Rule of all main religions - ask us what this is.</p> |

CROSSROADS PANTOMIMES PRESENTS

JOE PASQUALE ROB RINDER

Starring our
very own Teddy
from Year 3



Peter Pan

THE HIGH-FLYING PANTO ADVENTURE

Based on the original by J M Barrie

DAVID ROBBINS
MICHELLE FRANCIS
CIARA FORD

SAT 9 DEC - SUN 31 DEC 2023



Visual Special Effects **The Twins FX**

CLIFFS PAVILION
SOUTHEND

thecliffspavilion.co.uk



At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many devices which we believe trusted adults should be aware of. Please visit nationalcollege.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about SMART TVs

Smart TVs connect to the internet without the need for a set-top box or streaming device, letting users access a range of features through the TV set itself: from on-demand content apps like BBC iPlayer to streaming services such as Netflix, as well as connecting to smartphones and other wireless devices. Most new televisions are internet enabled – so whether you're thinking of upgrading your home viewing system or buying an additional TV for your child's room, it's now even more important to consider the online safety aspects.

WHAT ARE THE RISKS?

AGE-INAPPROPRIATE CONTENT

From Netflix to Disney+ to Prime Video, there is a plethora of streaming services available. While these services offer content catering for younger viewers, they also provide material for more mature audiences. If you don't have parental controls set up on your accounts, your child could find themselves being exposed to shows and movies with adult themes, strong language and violence.



INCREASED SCREEN TIME

The array of content available through smart TVs could lead to your child spending excessive amounts of time in front of the screen. Not only can prolonged screen time distract from important activities such as schoolwork or exercise, but experts have also warned that endless hours in front of the box can lead to health problems including obesity, poor sleeping patterns and depression.



REMOTE-CONTROL RETAIL

Like many online devices, smart TVs facilitate digital purchases: buying a new app or the latest season of a favourite show, for example. If your child has access to a bank card and isn't restricted by spending controls on the system, they could run up a sizeable bill through a smart TV fairly quickly – especially if they're not quite old enough to fully appreciate the value of money.



UNCONVINCING SECURITY

As Internet of Things (IoT) devices, smart TVs can be uniquely vulnerable to attack. Experts warn that internet-enabled TVs tend not to support high-level security software, so you won't always be able to download strong antivirus programmes like you would on a phone or computer. Being targeted by hackers could be deeply upsetting for your child, as well as putting their personal data at risk.



A SILENT SPY?

Some smart TVs already collect data on users' viewing habits and then display targeted advertising based on that personal information – while there have also been reports of internet-enabled TVs (and the apps installed on them) being used to 'eavesdrop' on owners. In models with a built-in microphone (for voice activation), third parties could potentially listen in on someone's home life.



CONTACT FROM STRANGERS

Many smart TVs can be used for web browsing, social media and live streaming – all of which could allow unknown users to contact your child (or vice versa). If your child engages with these functions of the TV, a stranger could potentially discover their contact information and potentially then use it to obtain even more sensitive personal details, such as your home address.



Advice for Parents & Carers

MAKE IT A FAMILY THING

Family TV time is a great way to model the responsible enjoyment of technology – showing your child how to use the smart TV safely for when they're old enough to watch it independently. You could also take this opportunity to establish some healthy TV boundaries, such as time limits on their daily viewing or how to make sure they're only watching content that's appropriate for their age.



CREATE CHILD PROFILES

Much like with smartphones and tablets, apps can be downloaded onto smart TVs: from free content platforms such as BBC iPlayer to paid-for services like Prime Video. Most of these apps allow you to create a separate account for your child which has different settings to your own – suggesting more child-friendly material and reducing the possibility of them viewing explicit content.



SET UP PARENTAL CONTROLS

It's likely that your smart TV has built-in parental controls, which not only let you filter out age-inappropriate shows, movies and games but can also restrict in-app purchasing, so your child can't accidentally spend money through the device. When you've enabled these safeguards, have an open conversation with your child about the reasons, helping them to understand the potential risks.



CONSIDER THE LOCATION

If you're concerned about the online safety hazards that a smart TV might pose to your child, you could consider where in your home you put the device. The safest option would be to place the smart TV in a shared family space – so that an adult is usually nearby and able to supervise while your child's watching it – rather than in the relative privacy of a bedroom.



Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid *The Inquirer*, Carly is now a freelance technology journalist, editor and consultant.



National Online Safety

#WakeUpWednesday



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