



We hope that you all had a wonderful summer break.

We welcome Mr McIntyre to our site team, as our site manager and Miss Wild to our office team.

I am so pleased that our new academic year finally got started, albeit it a day later. We apologise for an inconvenience

caused on Wednesday but there was no way we could safely have children in school with no electricity or water. Thank you to the parents who called or popped by and offered to help clean and for your understanding.

Our dates for this term and the academic year are being added to the school website, you can find these on the calendar page (copy and paste the link)

https://www.abacusprimaryschool.co.uk/school-calendar

The dates for our welcome meetings are:

These meetings will provide an opportunity for you to meet your child's class teacher and hear about

Year 6- Tuesday 9th September 2025 at 9.30am- this is an online meeting

Year 5- Tuesday 9th September 2025 at 10.30am-this is an online meeting

Year 4- Wednesday 10th September 2025 at 9.30am- this is an online meeting

Year 3– Wednesday 10th September 2025 at 10.30am– this is an online meeting

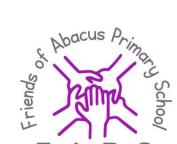
Year 2- Thursday 11th September 2025 at 9am in Large hall

Year 1- Monday 15th September 2025 at 9am in Large hall

Foundation- Monday 29th September 2025 at 9am in Large hall

The children all enjoyed an ice pole today, thank you to FAPS for organising these.

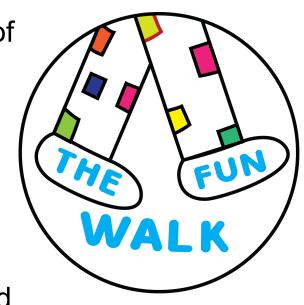
Next week we will be on WEEK 1 of our menu



Fun Walk 26/9/25

Iast years fun walk, we will be doing it again this year. This will be taking place on Friday 26/9/25 where we are inviting parents/grandparents or family members to come and join us for a walk around the Wick. Sponsor forms and

times will be sent home very soon.









Our out of school achievements from the end of last term, well done to Harrison, Austin, Sophia and Lily.



RHS School Gardening Awards



Congratulations

Abacus Primary school

- You all contribute to your gardening plans
- You are learning new gardening skills
- You use gardening to support your wellbeing

Date: 23 July 2025

11001

Alana Cama Schools and Groups Programme Manager, RHS One Matterson

Clare Matterson CBE Director General, RHS



We're proud to receive our second gardening award.

We have got lots of lovely ideas for gardening projects around the school, if this is something you would like to be involved with, please let us know.

10 Top Tips for Parents and Educators

RECOGNISING & MANAGING STRESS

According to recent studies, over 60% of young people report feeling regularly overwhelmed — with stress impacting their learning, emotional wellbeing and social connections. If left unaddressed, stress can lead to more serious concerns such as anxiety, depression or disengagement. This guide offers ten practical, evidence-based strategies to help children and young people recognise, manage and recover from stress in healthy ways.

KEEP CONVERSATIONS

MAKE MOVEMENT PART OF THE DAY

SUPPORT HEALTHY SLEEP PATTERNS

PRACTISE

MINDFULNESS

Meet Our Expert

Anna Bateman is Director of Haloyon Education Ltd, Director for Wellbeing and Family Services of Leigh Trust, and lead expert for mental health at The National College. Anna specialises in strategic mental health solutions for achoots, supporting educators and families to improve resilience, emotiona literacy, and overall wellbeing for children across the UK.

SET DIGITAL BOUNDARIES

NURTURE SOCIAL CONNECTIONS

PROGRESS OVER PERFECTION

et resilatic goals and proise effort, not just ultromes. When children feel pressured to be erfect, stress naturally follows. Celebrate am ins and help them reframe setbacks as soming apportunities. This neige build onlidence and reduces the fear of failure.

TEACH EVERYDAY PROBLEM-SOLVING

BE THE MODEL



National College

