

Abacus Primary School Summer Menu – With effect from 4th June 2024

Week 1	Red Band	Green Band	Yellow Band (DF)(GF)(EF)(SF)	Purple Band	Dessert
Monday	Cheese & Pepperoni Pizza Beans GF, DF, EF, SF	Cheese & Tomato Pizza Beans GF, DF, EF, SF	Jacket Potato with Filling	Tomato Pasta Pot GF, DF, EF, SF	Fruit Jelly or Fresh Fruit GF, DF, EF, SF
Tuesday	Beef Meatballs in Tomato Sauce & Pasta GF, DF, EF, SF	Macaroni Cheese EF	Jacket Potato with Filling	Ham Baguette & Crisps GF, DF, EF, SF	Iced Sponge or Fresh Fruit
Wednesday	Local Butcher's Sausage, Mashed Potato, Yorkshire Pudding, Veg & Gravy GF, DF, EF, SF	Quorn Sausage, Mashed Potato, Yorkshire Pudding, Veg & Gravy DF, EF, SF	Jacket Potato with Filling	Tuna Mayo Roll & Crisps GF, DF, SF	Chocolate Chip Cookie or Fresh Fruit GF, DF, EF, SF
Thursday	Chicken Nugget Wrap DF, EF, SF	Vegetable Nugget Wrap DF, EF, SF	Jacket Potato with Filling	Tuna & Mayonnaise Pasta Pot GF, DF, SF	Meringue Nest with Fruit & Cream GF, SF or Fresh Fruit
Friday	Jumbo Fish Finger & Chips Peas or Beans GF, DF, EF, SF	Vegetable Finger & Chips DF, EF, SF	Jacket Potato with Filling	BLT Sandwich & Crisps GF, DF, SF	Chocolate Crispie Cake GF, EF or Fresh Fruit
Week 2	Red Band	Green Band	Yellow Band	Purple Band	Dessert
Monday	All Day Breakfast Sausage, Bacon, Hash Brown, Beans & Mushrooms GF, DF, EF, SF	Vegetarian All Day Breakfast, Veg Sausage, Hash Brown, Beans & Mushrooms DF, EF	Jacket Potato with Filling	Egg Mayonnaise & Bacon Roll & Crisps GF, DF, SF	Fruit Jelly or Fresh Fruit GF, DF, EF, SF
Tuesday	Homemade Sausage Roll Beans EF, SF	Cheese Pasty Beans EF	Jacket Potato with Filling	Ham Sandwich & Crisps GF, DF, EF, SF	Chocolate Sponge or Fresh Fruit
Wednesday	BBQ Chicken & Rice GF, DF, EF, SF	Summer Vegetable Quiche SF	Jacket Potato with Filling	Sweet Tomato Pasta GF, DF, EF	Ice Cream or Fresh Fruit GF, EF, SF
Thursday	Beef Lasagne & Garlic Bread EF	Vegetarian Lasagne Garlic Bread EF	Jacket Potato with Filling	Cheese Roll & Crisps GF, DF, EF, SF	Arctic Roll SF or Fresh Fruit
Friday	Battered Fish, Chips & Peas or Beans GF, DF, EF, SF	Cheese & Tomato Pizza Whirl GF, DF, EF, SF	Jacket Potato with Filling	Tuna Mayo & Sweetcorn Pasta Pot GF, DF	Cookie or Fresh Fruit GF, DF, EF, SF

Week 3	Red Band	Green Band	Yellow Band	Purple Band	Dessert
Monday	Chicken Burger in a Bun, Lattice Chips, Beans or Hoops GF, DF, EF, SF	Veggie Burger in a Bun, Lattice Chips, Beans or Hoops DF	Jacket Potato with Filling	Cheese & Cucumber Sandwich & Crisps GF, DF, EF, SF	Ice Cream Tub or Fresh Fruit GF, EF, SF
Tuesday	Cheese & Pepperoni Pizza Whirl GF, DF, EF, SF	Cheese & Tomato Pizza Whirl GF, DF, EF, SF	Jacket Potato with Filling	Tomato Pasta Pot GF, DF, EF	Yoghurt or Fresh Fruit GF, EF, SF
Wednesday	Chicken Korma & Rice GF, EF, SF	Sweet Potato Korma & Rice GF, EF, SF	Jacket Potato with Filling	Ham Roll & Crisps GF, DF, EF, SF	Pancake with Sauce DF, SF or Fresh Fruit
Thursday	Sausage Baguette GF, DF, EF, SF	Vegetarian Sausage Baguette DF, EF, SF	Jacket Potato with Filling	Tuna Baguette & Crisps GF, DF, EF, SF	Iced Sprinkle Sponge Cake or Fresh Fruit
Friday	Jumbo Fish Finger, Chips & Peas or Beans GF, DF, EF, SF	Vegetable Burrito, Chips Peas or Beans DF, EF	Jacket Potato with Filling	Egg Mayonnaise Sandwich & Crisps GF, DF, SF	Fruit Jelly or Fresh Fruit GF, DF, SF, EF

All meals are served with salad

(GF) Gluten Free

(DF) Dairy Free

(EF) Egg Free

(SF) Soya Free