



## Topic Activities

Date: 06.07.20

Lessons 1 and 2 will be taught at school. whatever days your child attends. This means you can work on activities 3 and 4 from home on your 'off' days. If you are continuing to learn from home, then you can work through the activities in whichever order you wish.

Lesson	Activity	Guidance for Parents
1	<p><b>RE:</b> Tell the following creation story (one of many in Hinduism): In the beginning the god Brahma had no body. He was pure spirit. Brahma started by creating special things in nature: Surya the sun, Soma the moon, Agni (fire), Vayu (wind) and Varuna (water). He placed a golden egg onto the surface of the water and for a whole year the egg grew. Then the egg cracked and split open. Out of the egg stepped none other than Brahma himself, but he now had a body. Brahma divided the egg into two halves. He placed one above, as the dome of the sky, and he placed one below, as the earth. So the whole of our world rests within the empty shell of an enormous golden egg!</p> <p>Why do you think the egg plays such an important part in the story? What do you think it symbolises? The egg is a symbol of new life. See if you can draw a picture to show what happened in the story.</p>	<p>Hopefully this story will spark some interesting discussion and prompt your child to ask lots of questions. Encourage them to look for their own meaning within the story.</p>
2	<p><b>Science:</b> Today we are going to focus on trees. We often identify trees by the appearance of their leaves. Can you remember the main to categories we can sort trees into? Deciduous and evergreen. Can you remember the difference between them? Deciduous trees lose their leaves in the autumn where as evergreen trees do not. Using tree hunt sheet (<i>page 2 of this document</i>) see if you can find the trees listed by looking at their leaves. Do you know if they are evergreen or deciduous?</p>	<p>For more information, The Woodland Trust (<a href="http://www.woodlandtrust.org.uk">www.woodlandtrust.org.uk</a>) has some brilliant ideas and activities for exploring woodland with children.</p>
3	<p><b>History:</b> Last week we did our 'virtual sports day' and this year would have been the Olympic games which unfortunately had to be postponed. Next week, we are going to look at the life of an exceptionally talent Olympian. Before we get into that, I would like you to find out some interesting facts about the Olympics. Where and when did it start? What events are included? How have the events included changed over the years? Where would the Olympics due to be held this year?</p>	<p>Please record this however you wish. You could make a video, a fun fact poster, complie your facts into a report or however you feel inspired to share what you have learned. Please email your findings to your class emails.</p>
4	<p><b>P.E. – Ball Skills Lesson 6</b>  <i>Please see separate plan in page 5 of this document</i></p>	

# Tree Hunt

Look carefully for these trees. Check each tree off when you spot it.



oak



holly



hawthorn



silver birch



elder



rowan



ash



horse chestnut



lime



beech



yew



sycamore

# Ball Skills Lesson 6

## Learning Objective

To develop co-ordination and technique when throwing and catching.



## Warm up -

Lay out 3 or more cones/markers on the floor and put a tennis ball on top of one of the cones/markers. Jog around your area and when you hear your adult say 'change it,' collect a ball from any cone and place it on top of another cone. Continue to do this for one - two minutes. Repeat the game using different movement actions such as galloping, jumping, skipping, etc.

## Activities

1	Can you throw a ball in the air and catch it? Practise this a few times. If this is too easy, can you throw the ball in the air, clap, and then catch it before it falls to the ground? Can you throw the ball from one hand to the other?
2	Working with a partner, stand 3m away from each other and practise throwing and catching using underarm throws. How many passes can you complete without dropping the ball? If you complete four passes without dropping the ball take one step away from each other. If you drop the ball, you must take one step towards each other.
3	Catch Tennis: With a partner, stand opposite each other with a line between you. The game begins with one person throwing the ball underarm to bounce on the other side of the line. The person receiving the ball must try to catch it before it bounces twice. If you don't catch it, the person who threw the ball wins the point. If the ball is caught before it bounces twice, the game continues.

## Cool Down

Stand still and stretch upwards, then slowly bend forwards over until you can touch the floor, hold for a count of 5. Sit on the floor with crossed legs, taking in a deep breath as you lift your arms up above your head. Hold for a count of 3 then breathe out and repeat 3 times. Try holding your breath for a count of 5 and repeat.

Don't forget you can email your class teacher to let them know how you got on with this activity or share pictures of you and your family doing it together.