

**P.E - Athletics** (Replace equipment with other objects if you can.)

**LO:** To count my strides to keep an even pace, keep a consistent stride pattern and run with a fluent and coordinated running action

Place four cones evenly spread in front of you. Run to the end cone leaping over the cones. Can you keep the same number of strides as when there were no cones?

Replace the four cones in front of each group with three mini hurdles. Walk to the end cone this time trying to also step over the hurdles. Progress to a jogging and then a sprinting pace.

**R.E LO:** To understand why Jews celebrate Passover

This lesson is carrying on from last lesson in more detail. You are going to be learning about how the Jews celebrate to remember how the people of Israel left slavery behind.

Read through the pdf and watch the video link on the pdf.

**Task:** Complete the Seder Plate attached below.

Imagine a genie has granted you some wishes for your time in Year 4 next year. What would you wish for? This could be linked to your friends, new class, your learning and settling back into school. Once you have thought about your wishes, write a poem about your wishes... See an example poem attached below. Be creative 😊



## Topic Activities

Date: 13.07.20

Focus: Ancient Egyptians

**French LO:** To explore the French language through song

See PowerPoint attached. Listen to the song about different food. Read the lyrics to sing along. Can you recognise any vocabulary you have learnt previously? Can you hear any new words?

**Science LO:** To understand how much water a plant needs to grow

**What you will need:**

- Cress, radish or lettuce seeds
- Seed tray or pot with soil
- Syringe or other measuring equipment for adding precise amount of water
- Ruler to measure plant growth

Plants need water, but have you considered the amount of water needed for healthy growth?

See instructions below to create your experiment to find out how much water is needed for healthy growth.

After about two weeks, you could use your data to begin to draw conclusions, make predictions for new values (e.g. how much taller seedlings will grow) and suggest new questions.

**Tip:** Syringes are very good for this activity because you can measure exact amounts of water and make sure the water goes directly on individual seeds. This also ensures that you are using standard measurements (ml) and that they can also measure height of growth.

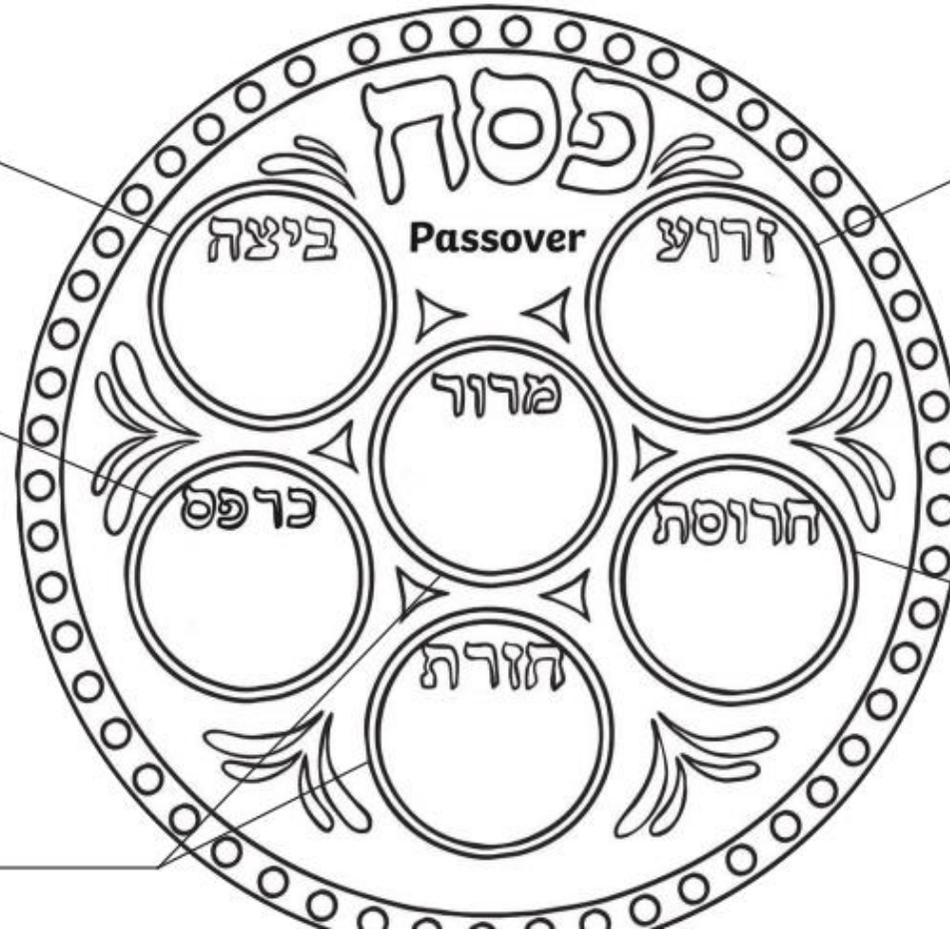
# Seder Plate

Draw the food onto the seder plate.

**Beitzah** - a roasted, hardboiled egg for reminding them of the destruction of their Holy Temple.

**Karpas** - a vegetable dipped in salt water and eaten. This symbolises the sweat and tears that the slaves shed in Egypt.

**Maror Chazeret** - 2 types of bitter herbs.



**Z'ro'a** - a roasted meat bone to symbolise the offerings that were made in the Holy Temple.

**Charoset** - a mixture of ground apples, nuts, ginger, cinnamon and wine. This symbolises the mortar that the enslaved Hebrews were forced to use

## Science

1. Scatter the seeds in a seed tray or into different pots
2. Water the seeds in different compartments of the seed trays beginning with no water, then 10 ml, 20 ml, 30 ml, etc. or in 100 ml.
3. Measure the growth of your plants with a ruler daily or every couple of days to complete the table.

Complete a table on a daily or twice-weekly basis to record when seeds germinate and how much they grow over a period of time. Can you think of a title for your table?

Example table:

|       | 0 ml | 50 ml | 100 ml |
|-------|------|-------|--------|
| Day 1 |      |       |        |
| Day 3 |      |       |        |
| Day 6 |      |       |        |

Example poem



## Will My Dreams Come True?

Will my dreams come true this New Year?  
Will that rosy dawn arrive?  
Will I find the foot of the rainbow,  
And the things for which I strive?  
Will I follow a road that's greener?  
Will the misty hills grow clear  
Beyond the far horizon?  
Will my dreams come true this year?

I wish I could read a crystal  
In which my fate I would see!  
I wish I could find an omen  
That would show my future to me!  
I wish I could learn what fortune  
So darkly plans to do.  
I wish some genie would tell me –  
Will all my dreams come true?

By Lenore Hetrick

